

Mid~Atlantic Currents

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Reservists, full-time Sailors rescue their Reserve Center

LT Michael Cody, NIB 102

As the Reservists and full-time Sailors of Naval Reserve Center Baltimore went about their business Oct. 4, the Saturday of a regular drill weekend, a large dry-erase board – mostly unnoticed – remained propped against a wall.

On the board were numerous maintenance and repair projects, dating back to 2002. The last entry, “storm preparations,” was made Sept. 17, the day before tropical storm Isabel struck Maryland, bringing catastrophic flooding.



Photo by IT1(SW) Nowell Hunter
A frontal view of Naval Reserve Center Fort McHenry, Baltimore, Maryland after devastating flooding resulting from Hurricane Isabel.

NRC Baltimore, a three-story building that faces the city's famous Inner Harbor, suffered a basement full of water and several feet of flooding on its first deck, despite sandbags around the perimeter. But the quick response of skilled Reservists – including two who are master electricians in their civilian jobs – and days of hard work by Reservists and staff members alike allowed the center to return to nearly normal operations only two weeks later.

The exception: a first deck suitable for not much more than a makeshift quarterdeck at a side entrance. “It’s not pretty, but I’m really proud of my

Sailors,” said CDR Jim McGovern, the center’s commanding officer. “They turned and burned and got this place up and running.”

No one can know for sure, but it’s possible that they also saved the building from catastrophe. McGovern, who arrived at NRC Baltimore only a few months before Isabel, had turned to the center’s senior enlisted Reservists for guidance when the storm was approaching. They included Master Chief Storekeeper Melvin Johnson, who has been associated with the center since he was a senior in high school, in 1962, and Senior Chief Boatswain’s Mate Vince Scardina, who was born in south Baltimore and has lived most of his 49 years nearby.

Neither had ever seen the center flooded, despite numerous destructive storms.

It seemed reasonable to McGovern, then, to picture only minor flooding in the parking lot as a result of Isabel, and to see stacking sandbags – even 3 feet high – as much an exercise in teamwork as a precaution against the storm.

Instead, at 7 a.m. Sept. 19, he encountered water spilling over the sandbags and half a foot deep in the building. “I was in awe,” he said.

Not only had Isabel hit at high tide, but winds from the storm created surges of up to 10 feet all around the Chesapeake Bay. Looking out the windows in the center’s administration department, the commanding officer could see the water still rising – and fish swimming past. “There was water in the people tank at that point,” McGovern joked later. “We were the spectacle and (the fish) were wondering what the heck we were doing.”

The situation was much more serious in the electrical closet down the hall. Scardina, chief engineer for Baltimore City Community College in his civilian job, noticed that the center’s 450-volt trans-

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Ebensburg

JO2 Carey Deeters, NMCRC Ebensburg, PHIB CB2 DET 405

LCDR Russell P. Brockway has served as the Commanding Officer of Naval Marine Corps Reserve Center, Ebensburg since 2001 and he is currently moving on to a new command. The reserve center and the SELRES who serve there benefited from several improvements made to the work area under LCDR Brockway's attention. Central air, extra office space and more modern computer workstations were installed and the facilities gained other improvements. During LCDR Brockway's tenure several units were recognized as outstanding in their respective commands and a strong public affairs program was instituted. The Ebensburg Center also contributed 28

SELRES to Operations Iraqi Freedom and Enduring Freedom. LCDR Brockway will turn over command of NMCRC to LCDR David Hawkins who has recently returned from support of Operation Iraqi Freedom and Enduring Freedom.

Both men have nearly 40 years of service to the Navy. LCDR Brockway has served in the Pacific, Mediterranean and Indian Oceans; participating in drug interdiction operations and in the "first strike" against Iraq in Operation Desert Storm from the decks of the USS Ranger. He is qualified to wear no less than 15 awards and appurtenances. LCDR Hawkins completed Naval Flight Officer training in 1994 and



Photo by JO2 Carey Deeters
LCDR Brockway (foreground) and LCDR Hawkins cut the ceremonial cake after their change of command.

reported to Fleet Air Reconnaissance Squadron One where he accumulated over 2000 flight- training hours in four different craft. He was mobilized in March 2003 in support of Operations Iraqi and Enduring Freedom and assigned to USS Shiloh as Air Defense Planner in the Persian Gulf. He was demobilized in May 2003 and selected as PCO, NMCRC Ebensburg. He is authorized to wear at least eight awards and appurtenances.

Seabee Returns to a Hero's Welcome

JO2 Mike Miller, NRC Avoca

CE2 Chris Ross was greeted by family, friends, co-workers, and fellow Reservists when he debarked an aircraft at Wilkes-Barre/Scranton International Airport. Ross, a Seabee with Naval Mobile Construction Battalion 21, was injured in Iraq while working on a power panel and was severely burned over 60% of his body.

Ross was evacuated to Germany and then to Brooke Army Medical Center Burn Unit in San Antonio, Texas. He arrived at the Burn Unit on June 28 and underwent numerous skin graft surgeries. On August 13, Ross was released on 30 days hospital convalescent leave and returned to his home in Northeastern Pennsylvania.

Ross has many months of physical therapy ahead of him but each day he takes another step toward healing. Despite daily challenges from his therapy, Ross asked to take the August advancement exam. Naval Reserve Center Avoca Command Chief, STGC(SW) Michael Scott, administered the advancement exam at Ross's home -- you can't keep a good Seabee down. Welcome home Petty Officer Ross!

Mid-Atlantic Currents

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From the Commander



Mission Effectiveness

CAPT Robin Watters, DME

In the past couple of weeks there have been two deaths due to accidents at Kuwaiti ports supporting the Iraqi theater of operations. A few days ago, a contractor working at a nearby camp was accidentally shot to death by perimeter guards when returning from a food run. Apart from the human tragedy, these casualties can have a significant negative impact on mission effectiveness.

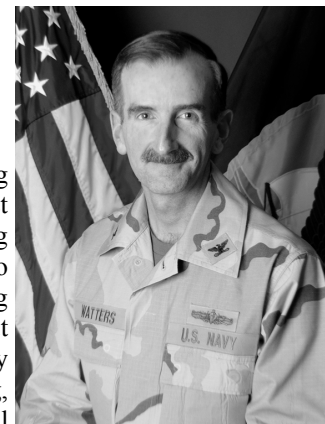
Your unit members will often find themselves in potentially dangerous environments as well. Sometimes deceptively so. Unit leadership is responsible for adequately preparing them. Below are a few recommended steps for units to take.

THINK ABOUT THE ENVIRONMENT. I have a fairly diverse military background. However, my current assignment to Kuwait has exposed me to a world that I have never experienced- living in an expeditionary environment ashore. From a safety perspective, it presents a different set of safety issues and requirements. It has also sensitized me to the need for better preparing our reservists to operate safely in a broader

range of operating environments. First step to addressing safety should be to identify the operating environments that your reservists may go- when drilling, performing annual training, and during mobilization.

DO SOME HOMEWORK. Once you have identified your operating environments, some homework needs to be done. Of the environments that you have identified, what are the safety-related training issues? In addition to common requirements that need to be covered (e.g., wearing seat belts), an expeditionary camp has many safety rules and procedures that were unfamiliar to me (e.g., How do you properly use a clearing barrel? How do you safely enter a camp perimeter?). Other operating environments such as cargo han-

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Enlisted Matters

Career Development Boards – Providing Tools To Develop Our Sailors

CMDCM Ranow McCoy,
REDCOM Mid-Atlantic CMC

I'm sure that you have all heard a lot of talk about the Navy's focus on mentoring and developing our Sailors. And you may have asked yourself, "What can I do to make a difference and how does it affect me and what I do everyday?" One of the tools that you can use

right now to mentor your Sailors with is through Career Development Boards (CDBs).

The CDB is one system the Navy has to inform its personnel of career opportunities and aid them in their attempts to advance personally and professionally. As a leader, you have the responsibility to make sure personnel take advantage of this opportunity.

CDBs ensure that enlisted personnel are provided the guidance needed to ensure optimal career development and can serve as a catalyst to motivate a Sailor and show them that their goals and aspirations are important to the people they work for. These boards are

useful for guiding enlisted Sailors throughout their career in choosing Navy ratings appropriate to their interests and skills; for assisting Sailors who desire to pursue a rating conversion, officer and other professional programs; and to assess career development and help in identifying professional goals.

This includes professional and personal development and contains the following areas:

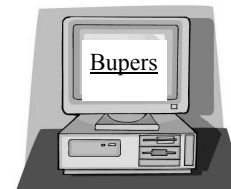
- (1) Rating Assignment
- (2) Military and Professional Qualifications
- (3) Military Training
- (4) Voluntary Education
- (5) Officer Programs

These boards give a Sailor's chain of command a chance to review that individual's personal circumstances and provide them with input that's designed to help them reach their full military and professional growth potential as Sailors. The key to success



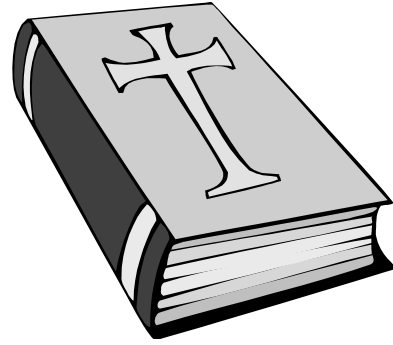
is involved leadership. The Command Senior Enlisted Leader, along with the unit's career counselor are responsible for determining who is required to receive a PDB, but the key to any CDB program is the involved leadership from every aspect of the Chain of Command.

CDBs should not be used as the single source of sailor development. Career development is a continuing process. Our goal should be intended to give each and every Sailor the information they need to get the most out of their career. If we don't do this, we would be doing our Navy a great disservice, and I know our leadership isn't going to let that happen. To find out more news about estab-



lishing standardized CDB program onboard your command, please refer to BUPERS INSTRUCTION 1040.5A.

Chaplain's Corner



Capt Carl W. Filer, REDCOM Mid-Atlantic Chaplain

Last month a number of us from REDCOM Mid-Atlantic attended the memorial service for LT Kylan Jones-Huffman at Annapolis Chapel. LT Jones-Huffman, the first and only combat death in the Iraqi war from RCMA, was a member of the Naval Control of Shipping Unit at NMCRC Baltimore. He had been supporting the First Marine Expeditionary Force when he was killed outside of Al Hillah, Iraq on 21 August. Lt Jones-Huffman was 31 years old and left behind a widow, together with parents, siblings and many friends and associates, a number of whom spoke very movingly at the service.

What impressed me most were the breadth and depth of LT Jones-Huffman's interests and accomplishments. A true renaissance man, he combined the warrior spirit with a poet's heart, having both graduated from the Naval Academy and written volumes of Haiku, a form of Japanese poetry. He was fluent in German, Farsi (Persian) and Arabic; a noted expert on Middle Eastern affairs; and the consummate intelligence officer, according to a colleague from the Naval Criminal Investigative Service. On top of everything else, he was eulogized as a very self-giving and caring friend. Leaving the chapel at the close of the service, I kept wishing I'd had the opportunity to know LT Jones-Huffman on a

personal basis myself.

In every war, it seems, it's "the best and the brightest" that pay the supreme sacrifice. Along with LT Jones-Huffman, RCMA suffered a serious casualty when CE2 Christopher Ross of NRA Avoca was severely burned over 60 percent of his body as a result of the hostilities in Iraq. Thank God, he has a positive prognosis for recovery and is currently recuperating at home. Our prayers are with him and his family during this long process.

The question of "why?" comes up in both of these instances of major sacrifice. Why them? Could there have been a way to prevent it? Was it worth it? While every human life has inestimable worth, some lives just seem to burn more brightly than others. Such was the case, certainly, with LT Jones-Huffman. For his family, his friends and shipmates- for those of us who only got to know him after the fact - his love of country and desire to serve her in time of war speak volumes in terms of his own judgment about the worth of his sacrifice. May each of us take solace and inspiration from this individual and the many other Reserve sailors in RCMA who have been mobilized during Operations Enduring Freedom and Iraqi Freedom. We all stand in their debt.

Second Destroyer named after Mustin Family

JO2 Nicolas Lingo, REDCOM Mid-Atlantic PAO

The Mustin family is one steeped in a military tradition that can be traced back four generations.

CAPT Henry C. Mustin flew the first aircraft ever catapulted (using his own design) from a ship.

His son, VADM Lloyd Mustin, led the development of the Navy's first lead-computing anti-aircraft gun sight which proved to be pivotal in the air-sea actions of World War II.

His grandson, VADM Hank Mustin, served

as Commander, Second Fleet and later as Deputy Chief of Naval Operations for Plans and Policy prior to his retirement in 1989. VADM Hank Mustin and his brother, LCDR Tom Mustin, are both decorated Riverine warfare Vietnam veterans.

The family's legacy of Naval service continues today in the ranks of the Naval Reserve. In fact, the youngest of the Mustin clan includes three drilling Reservists: CDR Lloyd Mustin, II, his wife, CDR Tracy Mustin and his brother, LCDR John B. Mustin,

The three Reservists and their father, retired VADM Henry C. Mustin recently commis-



Medical Moment

Story from Tricare website

Dr. William Winkenwerder, Jr., Assistant Secretary of Defense for Health Affairs, and Thomas F. Hall, Assistant Secretary of Defense for Reserve Affairs, announced policy changes that will enhance the TRICARE Prime and TRICARE Prime Remote (TPR) programs for members of the National Guard and Reserves and their family members.

Effective March 10, 2003, Guard and Reserve family members, if their sponsor is on active duty (federal) orders for more than 30 days, will be eligible to enroll in TRICARE Prime and enjoy the access standards and cost shares associated with the Prime benefit. "Previously, sponsors had to be eligible in the Defense Enrollment Eligibility Reporting System (DEERS) and activated for 179 days or more before family members were eligible to enroll in TRICARE Prime," Winkenwerder said. "The Department of Defense (DoD) recognizes the contributions and sacrifices made by these families each and every day. Our commitment is to continue making improvements to the TRICARE benefit to enhance access and quality of care these families receive."

Guard and Reserve family members who reside with their sponsors in a TRICARE Prime Remote location at the time of the sponsor's activation can now enroll in the TRICARE Prime Remote for Active Duty Family Members (TPRADFM) program.

For family members to be eligible to enroll in the TPRADFM program, sponsors and their family members must reside at a location that is at least 50 miles or more in distance, or approximately a one-hour drive from the nearest military treatment facility (MTF). Sponsors and family members also must be identified as eligible in DEERS.

"It's important that we take care of the families of our Reserve Component members," Hall said. "We want to ensure that our mobilized National Guard and Reserve members aren't worried about who's caring for their families while they're gone, and to return them to families whose healthcare needs have been met by the Military Health System."

Contract changes are underway at TRICARE Management Activity to implement the new TPRADFM policy. Once the changes are accomplished, family members of the Guard and Reserve sponsors activated for more

than 30 days may start using the TPRADFM benefit, which has no co-payments, deductibles or claim forms to file, and which offers providers who meet rigorous standards for providing quality healthcare.

Guard and Reserve family members who choose not to enroll in either the TRICARE Prime or TPRADFM program may still use the TRICARE Standard and Extra benefits, with applicable cost shares and deductibles.

Guard and Reserve sponsors must verify that DEERS information for themselves and their family members is accurate and up-to-date. They are encouraged to contact DEERS at the Defense Manpower Data Center Support Office toll free at (800) 538-9552.

Sponsors and family members may also update their addresses in DEERS on the [TRICARE website](#). Future updates regarding benefits for members of the Guard and Reserve and their family members will be posted on the [TRICARE website](#).

SWCS Program

JO2 Carey Deeters, NMCRC Ebensburg,
PHIB CB2 DET 405

Anyone who enlists in a military branch, no matter the rate, should realistically accept the possibility that performing their duties could place them in an area where security, military tactics, mission and weapons familiarization are critical. Evidence can be seen in the recent activation of tens of thousands of SELRES who are performing sentry duty while their active duty counterparts are overseas. Large protracted operations can place SELRES members in actual combat areas. Because of the possibility that any service member could suddenly find themselves on picket duty or, like the members of the *USS Colt* and *USS Stark*, the objects of sabotage or unfriendly fire, the Navy devised warfare training for fleet and Seabee personnel.

The SCWS (Seabee Combat Warfare Specialist) program is designed as a PQS program in which a minimum level of academic knowledge and task-oriented competency are required prior to achieving qualification. Subject matter covered under the SCWS program core cur-

riculum includes Safety and First Aid, Communications, Naval History and Supply and Logistics, to name a few. Also included are unit specific trainings that cover the responsibilities of particular companies within a battalion. A members' concept of SCWS training should not be limited to warfare, even though this is a major component of the program. Note that from 1990 to 1999, of the thirteen missions conducted by Amphibious Construction Battalion 2 only one operated in direct connection to a war-time situation. The remainder was related to either humanitarian or training and support needs. This underscores the fact that the unit specific and overview training included in SCWS are particularly useful either as refreshers or good introductions for recruits and members who arrive from a dissimilar command.

"The first thing to do is become familiar with the OPNAV instruction 1410.1B and know what you need to complete. A SELRES center might want to hold a GMT for its members," suggests CE1 Antonio Murray of ACB2 Little Creek, VA. "The instruction is



Photo by JO2 Carey Deeters
MA2 Bateman of ACB2 sharpens his small arms skills.

available on-line and provides general guidelines, but it's vague enough to allow the local command some flexibility." The instruction leaves no doubt that SCWS training is mandatory for all E-5 who serve in Naval Construction Force components authorized to grant Seabee Combat Warfare designations and wish to advance.

SCWS training should not be taken simply because it's mandatory. Out of the fifteen common core areas taught at NAB Little Creek, each area will have application in the field, according to CE1 Murray. Whether on field training or on actual operations, the classroom training is "reinforced daily" according to CE1. For example, the simple act of setting up a tent,

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Worth His Salt: Leading Petty Officer and Training Officer Excels

JO2 Mike Miller, NRC Avoca

The days are electric for OS1 (SW) Willie McCullen, USN. McCullen is the Leading Petty Officer and Training Officer at Naval Reserve Center Avoca. Serving some 225 Drilling Reservists, McCullen works at lightning speed. The results are outstanding, according to his Commanding Officer, LCDR T. J. Bartley.

"This past year McCul-

len has installed the Beam Hit program at Naval Reserve Center Avoca. Beam Hit uses modified M-16 rifles and 9mm pistols, laser targeting and computer analysis of hits on target to provide indoor small arms training. Shooters can correct for errors and hone their shooting skills in preparation for actual qualification with live rounds.

His vast networking in the Navy and Naval Reserve

enable him to provide unique training opportunities and exciting experiences for Avoca Reservists. Whether assisting in planning and scheduling unique training obtained through IDTT orders, or obtaining an ADT waiver for a Reservist to perform more than 29 days of ADT, McCullen is the go-to person. Being the go-to person is not easy, but Petty Officer McCullen is cut from Navy cloth — Honor, Courage, and Commitment are his way of life.

Chief Boatswains Mate retires

PN2 Jeffrey Dickson, NMCRC Huntington PAO

A retirement ceremony was held August 9 in honor of Chief Boatswain's Mate Richard Page of Navy Cargo Handling Battalion 9 Detachment C Huntington West Virginia for completing 22 years of loyal and faithful service to our country and the U.S. Navy.

Richard Page, a native of Buckhannon, West Virginia, enlisted in the U.S. Navy August 1960. After recruit training in Great Lakes, IL, he was assigned to USS Oriskany (CVA-34) Bremerton, WA. In August 1964 Page was honorably discharged from the U.S. Navy.

Page returned to the Naval Reserve March 1987, he was assigned to Navy Cargo Handling Battalion 9 Detachment C Moundsville, WV. In

January 1991 Page was recalled for Operation Desert Shield/Storm augmenting Navy Cargo Handling Battalion 5 Subic Bay, Republic of the Philippines. In April 1991 he returned to NCHB-9 from mobilization. In May 1994 he transferred to Navy Cargo Handling Battalion 9 Detachment C 105 Youngstown, OH. In August 1995 he was advanced to chief and transferred to Navy Cargo Handling Battalion 9 Detachment C 105 Columbus, OH. In February 2000 he transferred to Navy Cargo Handling Battalion 9 Detachment D Huntington, WV.

Page's awards and decorations include the two Navy and Marine Corps Achievement Medals, two National Defense Service Medals, three Naval Reserve Meritorious Service Medals, Armed Forces Reserve Medal.

Moundsville Recognizes Mobilized Reservists

During the Oct drill weekend a ceremony was held in conjunction with the semiannual PRT and Sports day. Moundsville's Mobilized Reservists and their families were recognized for their contributions in support of the Global War on Terror.

Moundsville's Selected Reservists answered the call to action immediately following the attack on the twin towers of the World Trade Center and have been deployed all over the world

ever since. The bulk of the support from Moundsville went to assist in the medical arena and force protection endeavors but some personnel served in such places as Camp X-ray and bases in Italy and Spain. Since many of these Sailors have returned to a drill status the center seized the opportunity to recognize their commitment and the outstanding support of the families while members were deployed. The ceremony was held in an informal manner following the Semi An-

nual PRT and a picnic. Individuals and their spouses each received certificates of appreciation and a heart felt applause. Following the ceremony cake and ice cream was served and the remainder of the afternoon was spent participating in various sporting events. With a healthy mix of PT, food, recognition, and fun all had a great time. It was a perfect way to honor our folks who are ready to roll and proud to serve.

(Continued from page 3)

ding, port operations, and small boat operations will all have their own unique safety issues. If your people have the potential to go into these environments, it is your responsibility to prepare them. Ensure these requirements are incorporated into your training plan.

ASSIGN A SAFETY OFFICER. At the unit level a review of the safety program is probably warranted. Does your program simply consist of an occasional POM note? Is anyone thinking safety? For most units, simply having an advocate for safety who is actively thinking and highlighting safety issues will work wonders. No big bureaucratic effort is necessary. I have seen it employed effectively

here at Camp Patriot. Simple, regular reminders to keep the chain of command's alertness up. This essentially deputizes the chain of command into the all-hands safety effort that we have been raised to support. Shipmates looking out for shipmates.

ENSURE SAFETY IS PRIORITY. As with most issues, it comes down to leadership. Unit leadership must convey to the unit that safety is a priority. Unit Petty Officers, Chiefs, and Officers will all fall in line and make it work if the command leads the way. Start now.

Cheers.

NOTE: CAPT Watters is currently serving as the NAVCENT liaison officer in Kuwait.

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sioned the 39th Arleigh Burke class Aegis destroyer, USS Mustin (DDG 89), in San Diego.

"Tonight, our Navy gains the newest and most technologically advanced destroyer in the world," said ADM Vern Clark, Chief of Naval Operations, in delivering the principal address at the commissioning ceremony. "This ship and its crew will dominate the seven seas. The name Mustin will be their badge of honor

The original USS Mustin was commissioned in 1939 and participated in the fight to hold Guadalcanal. That ship later took part in recapturing the Philippines in 1945.

CDR Lloyd Mustin is currently serving as commanding officer of NR USNAVAK DET 222, in Portland, Ore. His unit is working closely with the lead federal agency for maritime homeland security in Alaska for strategic coastal defense in this remote area of operations. Three members of his unit have been recalled to the Middle East in support of the Global War on

Terrorism.

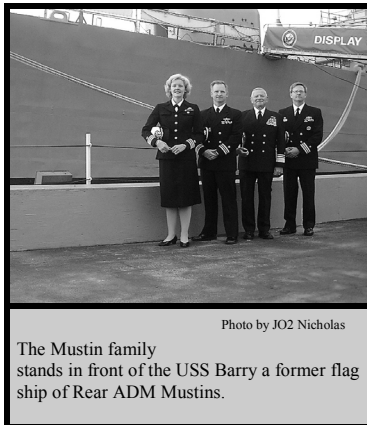
CDR Tracy Mustin is assigned to Engineering Field Activity Atlantic, in Norfolk. This unit is currently providing engineering support to the Atlantic Fleet area of operations and to Central Command. LCDR John Mustin is the commanding officer of Inshore Boat Unit 22 (IBU 22) in New Haven, Ct., IBU 22 was deployed to the United Arab Emirates from January to September of this year.

The new destroyer will continue to carry the proud tradition that has become a part of the Mustin name.

"She will sail into harm's way, taking the fight to the enemy, and will do so knowing that she's equipped and trained with the best people, weapons and systems that the modern world has to offer," said LCDR John Mustin. "Her crew knows the legacy that it has to live up to, and is primed and ready to set a new waterfront standard for excellence across all mission areas. They know that their namesakes would settle for no less."

"There are no finer men and women than those with whom

I have the honor to serve in the Naval Reserve," said CDR Lloyd Mustin. "The artistry and patriotism demonstrated by Re-



servists in fulfilling our obligations to employers, families and our country is nothing short of inspirational. Sept. 11, 2001 was my generation's Pearl Harbor. As this war on terrorism evolves, we, as Reservists, will continue to answer our country's call for service. More importantly, we will continue to play a critical role in our country's ultimate victory in this important campaign."

Ebensburg Detachment wins Leo V. Bilger Award

During the May drill, CWO4 Frank DeFranco, ENC Dennis Snyder and members of ACB2 Detachment 405 of the Amphibious Sea Bees received their second Leo V. Bilger award and the Outstanding Unit Award. These awards are presented to units which have been designated as outstanding in contributing to battalion readiness, effectiveness and efficiency and in supplying support to the gaining command for battalion oriented missions.

CWO4 DeFranco has served in the Navy for over thirty year and as the OIC of detachment 405 for

many years with ENC Snyder, who has also served for over thirty years, as his XOIC.

Mr. DeFranco, who recently suffered the loss of his step-son Ryan Schafer, was born in Steubenville, OH and graduated from Morgantown High School in West Virginia. He resides in Alliance OH with his wife Ruth and works as a supervisor for the Ohio Department of Job and Family Services.

Chief Snyder enlisted in the U.S. Navy in 1968 and has served on the *USS Fremont* LPA 44, the *USS Austin* LPD 4 and as the XO of ACB2 Det 405, Ebensburg. He

has received awards including the Navy Achievement Medal (two awards), Navy Unit Commendation and the Naval Reserve Meritorious Service Medal. He is employed at the Indiana University of Pennsylvania as the Refrigeration Plant Supervisor and lives with his wife Jennifer and sons Jason and Matthew.

Mr. DeFranco and Chief Snyder had each member of their unit receive a Letter of Commendation signed by Rear Admiral M.B. Drew, U.S. Naval Reserve.

(Continued from page 7)

(which actually isn't so simple), is covered in the core curriculum and is accomplished in the field. Beyond the (literally) back-wrenching physical SCWS demands, there are also more academic requirements. Instruction on where and why to place a fire-team (third-class petty officers can lead a fire team), field communications, chain of command, safety and first aid are included in the classroom and practiced in the field.

"SCWS training is really about familiarizing yourself with the battalion mission and your units' method of support to accomplish the mission," explains CE1 Murray. Essentially, SCWS training is about knowing the responsibilities of your rank, having a thorough understanding of your billet and knowing how these assist your unit in accomplishing the battalion mission. SCWS training is about knowing your job.

BM1 Grice, SCWS instructor and Reserve Coordinator for ACB2, Little Creek, agrees that having the SCWS pins is important. "The pin," which Mr. Grice earned with the assistance of the local staff, "does set one member apart from another for advancement and so on, but more importantly, it means you know what you're doing- that you can take care of yourself and your team in the field." Petty Officer Grice states that he was a platoon leader prior to his completion of the SCWS program and felt "extremely uncomfortable" with that responsibility until he earned his pin. "Knowing the SCWS material makes me believe that I am better prepared to perform the mission that's expected of me," he states.

Both active duty and SELRES have difficulty in completing the training. The SCWS program is very time consuming and regular duties and civilian jobs cannot always be sacrificed for training and testing. To assist members in completing the training, generous time periods of two years (active duty) and four years (SELRES) for completion after registration were given. NAB Little Creek staff has also instituted regularly scheduled classes to assist with training for active duty personnel and encourage SELRES components to do the same. "It's imperative that a member attend classes. Reservists

miss out on good training if their unit doesn't sponsor classes. The classes allow for open discussion of material in the text that may not be fully explained, and greater understanding. If the SELRES or active duty member doesn't have access to classes, then they should at least get with a subject matter expert; someone who's already qualified, and get instruction from them," advises CE1 Murray.

Another step taken at NAB Little Creek to assist members in completing the program is to set the qualifying score at a minimum seventy percent on written tests. This score enables the greatest number of people to pass who are legitimately qualified, without keeping qualification out of the hands of members who may not have had either the opportunity to study as thoroughly or to be on as many field exercises as another member.

Following the written testing are the preliminary boards. These are made up of subject matter specialists who question the prospective qualifier on various components of the SCWS material. "The purpose of the preliminary boards," states CE1 Murray, "are to show the member where they're weak before they go to the Final Boards to attempt to qualify. They're daunting, but they're to help."

Like any mastery level course, SCWS training obviously requires a high level commitment of time and dedication to learn. "The SCWS are arduous," relates BM1 Grice, who holds both the SCWS and ESWS pins, "and different to learn than ESWS, which are more knowledge based."

"The most important thing is SCWS training is the members personal commitment," says CE1 Murray. "But as the training enables members to fulfill their commitment to their country, the Navy, their shipmates and themselves it is training that All Hands should commit fully to."

Two for One

JO2 Carey Deeters, NMCRC Ebensburg, PHIB
CB2 DET 405

At the latest round of advancement exams, SK1 Dennis W. Lloyd and his son CECN Justin Lloyd, were advanced to SKC(sel) and CM3, respectively. SKC(sel) was one of seven Petty Officer First Class of the United States Naval and Marine Corps Reserve Center, Ebensburg, PA., while CM3 Justin Lloyd was the only E3 to find advancement in the same

reserve center.

"I think it's fairly unique that a father and son in the same reserve center should be advanced to rates so long struggled for on the same exam, and it be announced on the same day," states William Marsh, promoted to Captain in the previous exam cycle, and the Ebensburg Reserve Center senior officer.

SKC(sel) Lloyd has served in the United States Navy for over fifteen years. He recently served as store keeper and Lead Petty Officer for Fleet Hospital, Fort Dix

Detachment 11, Ebensburg, PA., and has received numerous awards from both his home command and the reserve center. Justin served two years active duty in theaters throughout Europe and the South Pacific, returning home last year to continue service with NMCB 5123 at the Ebensburg Reserve Center in a classroom down the passageway from his father. Justin currently attends a local technical school and occasionally assists his father with Sea Cadet training and transport.

(Continued from page 1)

former – through which power flowed from the local utility, BGE – was wet and smoking. Concluding that BGE could not make its crews available in time to avert a crisis, he waded through thigh-deep water to cut off the power. “It was either shut the breaker down or watch the place go, and I wasn’t going to do that,” Scardina said.

Through mid-morning, McGovern and the Reservists used wood, oakum and cloth from the center’s damage-control trainer to plug leaks, just as they would have on a ship. They slowed the flow of water, but could not stop it. By mid-morning, it had reached a depth of 2 feet.

“We said, ‘OK. There’s nothing (more) we can do,’ ” McGovern recalled. He placed a watch on the building and made plans to return the next day for cleanup.

By Sept. 20, a Saturday, the water was receding from the first deck. A crew of 15 Sailors – most of the center’s full-time staff – put on rubber boots (from the damage-control lockers, naturally) and used long-handled squeegees to push the water all the way out. Running nonstop for two days, at up to 200 gallons per minute, a P-100 pump (also from the damage-control trainer) removed all but six inches of water from

the basement.

Meanwhile, CE2 Roland Broadfoot and EMCS Bob Johnston – both Reservists, and both master electricians in their civilian careers – were testing the building’s electrical circuits. With Johnson and Scardina, they belong to NRC Baltimore’s voluntary training unit, a group that supports the center in many ways, from mentoring junior Sailors to advising the CO. “I said, ‘CO, you have the experts right here,’ ” Johnson recalled with pride.

Fortunately, according to Scardina, the center’s main power feed entered the transformer from above and had not been damaged by the flood. Likewise, circuits for the center’s upper decks were functioning safely, the tests showed. “That’s when I knew we could move the entire (reserve center) operation to the second and third decks,” Scardina said.

In the ensuing days and weeks, NRC Baltimore brought its computer systems, including the Navy-Marine Corps Intranet, back on line, and McGovern declined an offer from NRC Adelphi, Md., about 30 miles south on Interstate 95, to share space.



Photo by IT1(SW) Nowell Hunter
Debris and rubble left behind in the wake of the wind and rain caused by Hurricane Isabel at NRC Baltimore.

“Why would we have to move? We’re fully functional,” he said Oct. 4, as Reservists and others took turns meeting with him in his temporary office on the second deck.

EDS has begun renovations under a \$1.3 million contract negotiated with Naval Reserve Mid-Atlantic. The work is going well, McGovern said – and at much less cost than if his Reservists and Sailors not pitched in. “If we had just left the water, the damage to the walls would have been greater. The damage to the floors would have been greater,” he said. Where Navy and Naval Reserve members are concerned, he continued, “If you give them the tools, they’ll get the job done.”

Color Guard performs for NASCAR

LCDR Craig Hamner, NMCRC Richmond CO

As part of N&MCRC Richmond’s ongoing relationship with, and support of, the local community, officials at the Richmond International Raceway invited the command to provide the opening ceremony Color Guard for the September 5th Busch Series Funai 250 Race. With Pennsylvania Air National Guard A-10 Warthogs flying by overhead and 80,000 attendees standing tall, the four member Color Guard looked extremely sharp, performed very well and represented the Navy in outstanding fashion! Their many hours of rehearsal paid off as the event was nationally televised on the TNT television network. The

Color Guard, consisting of USN, Full-Time Support, and Selected Reserve personnel, included IT1 Dawn Kennedy (Selected Reservist on ADSW to the Center), ET2 Lakeith Haslam (USN, recently reported to command), YN2 Stacy Vise (TAR), and OS2 Carlos Jones (Selected Reservist).

The Navy Color Guard was especially fitting that evening as Vice Admiral Hoewing, Chief of Naval Personnel, was in attendance to announce Navy’s renewed sponsored of the FitzBradshaw Racing Team’s No. 14 Navy ‘Accelerate Your Life’ Chevrolet Monte Carlo. The slick blue and gold racing machine, driven by Casey Atwood, finished in 11th place after starting at the #43 position that evening.

Bravo Zulu

Awards & Recognitions



Navy & Marine Corps Commendation Medal

LCDR Beardsley
COMSUBGRU 10 Unit 83144
FCC Richard Craig
NR AOC York Det. Earle DAHT-7
CDR Neal Smith
VTU
ENCS David J. Fenstermacher
NR PHIB CB 2
LT Louis Carl
NR ACU-2 Baltimore
ETC Keith Hill
COMDESRONSIX



Navy & Marine Corps Achievement Medal

GM1 Thomas Bush
NR PHIB CB-2 Det. 106
SH1 Keith Shaner
NR PHIB CB-2 Det. 106
EMC(SCW) Michael Saylor
NR PHIB CB-2 Det. 106
ENC Norman Owen
NR PHIB CB-2 Det. 106
BM1(SCW/SW/AW) Steven Shropshire
NR PHIB CB-2 Det. 106
SKCS(SCW) James Gibson
NR PHIB CB-2 Det. 106
LCDR James Flowers
MTMC
Cpl Mark Borden
NMCB 23 Det. 1023
CDR Dolores Smith
NRVTU
GM2 Joseph Scott
NR York DAHT 8
SWC Bernard Davis Jr.
NMCB 23 Det. 1023
LCDR Berryman
COMSUBGRU 10
*YNC(SS) Delgrande
*MA1 Lewis
COMSUBGRU 10
*HM1 Levy
NNMC BETH HQ
*YN1 Maksin
Navy Combat Doc 206
*BM2 Tungcod
COMSUBGRU 10
*IT2 Crespo
NMCRC Adelphi
*PN2 Dixon-Lee

Navy & Marine Corps Achievement Medal cont.

NMCRC Adelphi
*YN3 McNeil
NMCRC Adelphi
CE2 Christopher Ross
NMCB 21 Det. 0521
CE1 David Weisel
NMCB 21 Det. 0521
ET2 Anita Talbot
AOC Det. Earle DAHT-7
OS2 Gregory Deen
NMCB 23 Det. 0723
GM1 William Miller
NMCB 23 Det. 0723
BU1 Barry Johnson
NMCB 23 Det. 0723
GM1 William Miller
NSWC C Det. C
SK2 Joseph Kaprinski
NSWC C Det. C
SK1 Randy Good
NSWC C Det. C
EM1 Charles Novitsky
NSWC C Det. C
BMC Kenneth Fahnestock
ACU-2 Baltimore
SHC Meredith Chappel
NCHB 10 Surf CO D
BMCS Vincent Scardina
NCAPS NAVCENT Det. A
HM1 Yollette Scott-Wilson
NMCRC Baltimore
HM1 Joseph Prendergast
NMCRC Baltimore
OS1 Albert Sweets
FLTSUPTRA 906
QM1 Gregory Schaffer
MSCO EASTMED 106
HT 1 Patrick McKenna
NMCRC Baltimore
HT2 Michael Noel
FLTSUPTRA 906
EM2 Sean Tate
SKCM Melvin Johnson
VTU 0603
SK3 Joseph Scalera
DDC Det. A 106
HT2 Conrad Guthman
CDS 2 Det. B
LTJG Joshua Gettle
OPNAV Det. Site R
ITC Michael Romano
NAVICP MECH TM 1
ITC Antonio Gonzalez
OPNAV Det. SITE R
TMC Daniel Petty

Navy & Marine Corps Achievement Medal cont.

NAVICP MECH TM 1
SK1 Robert Doran
NAVICP MECH TM 1
CWO3 Charles Hulsizer
NMCRC Harrisburg
FC1 Jeffrey Frey
NMCRC Harrisburg
DK2 Dante Dorival
PSD Europe
EM1(SS) Edwin Kruse
COMDESRONSIX
SKC Sandra Diaz-Thomas
COMDESRONSIX
HTC Brain Stiegerwalt
COMDESRONSIX
SKSN Steven Pauley
NCHB 9



Military Outstanding Volunteer Service Medal

LT Debra Brendley
NNMC BETH Det. H
CWO3 Charles Hulsizer
NMCRC Harrisburg
HT2 Conrad Guthman
CDS 2 Det. B
QMC Joel Utsinger
SUBRON SUP UNIT Det. 206
CDR Delia Tachado
NMC Portsmouth Det. F



Meritorious Service Medal

*CAPT Ostrich
COMSUBGRU 10
*CAPT Salmen
NCAPS HQ
CDR Steven Holland
NMCRC Baltimore
CWO3 Charles Hulsizer
NMCRC Harrisburg

Bravo Zulu!

Each Quarter the Awards and Recognition page is dedicated to all REDCOM Mid-Atlantic Active Duty, TAR and Selected Reservist whose hard work, dedication and professionalism was recognized by the Navy. To submit awards for use in future issues please include name, rank and unit and send to: nicholas.lingo@navy.mil